



2021 TBJ Menu Calorie Count Update

Item	Calories	Calories from Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrate	Fiber	Sugars	Protein
<b>BURGERS</b>											
That Burger Single	500	230	26	8	0	65	710	46	2	12	19
That Burger Single w/Cheese	580	300	33	12	0	85	1090	47	2	13	24
That Burger Double	710	400	44	14	0	110	870	46	2	12	31
That Burger Double w/Cheese	860	500	56	22	0.5	150	1630	47	2	13	39
Patty Melt	1010	620	69	31	0.5	180	2420	53	5	5	44
<b>SPECIALTY BURGERS &amp; LTOs</b>											
Mushroom Swiss Burger Single	630	340	38	14	0	100	1230	47	2	12	26
Mushroom Swiss Burger Double	870	500	55	24	0	160	1380	48	2	12	43
Bacon Cheddar Single	670	350	39	14	0	105	1140	47	2	12	30
Bacon Cheddar Double	930	550	61	24	0	170	1410	48	2	12	46
That Steakhouse Burger Single	670	370	41	16	0	100	1230	49	2	13	26
That Steakhouse Burger Double	870	520	58	22	0	145	1390	49	2	13	37
Chipotle Pepper Jack Single	640	340	38	13	0	95	960	48	4	11	25
Chipotle Pepper Jack Double	930	550	61	23	0	165	1270	48	4	12	41
BBQ Bacon Cheddar w/Onion Straws Single	1160	340	38	14	0	100	5890	165	7	44	39
BBQ Bacon Cheddar w/Onion Straws Double	1490	560	62	24	0.5	170	6330	174	7	52	55
Loaded Fry Burger Single	780	420	47	15	0	110	1530	57	2	10	32
Loaded Fry Burger Double	1070	640	71	25	0.5	175	1720	58	2	10	48
Double Beef Italian Beef Single	830	500	55	20	0	130	1880	45	1	10	38
Double Beef Italian Beef Double	1190	760	84	33	0	205	2420	46	1	11	61
Beyond Meat Single	510	230	25	7	0	20	970	48	4	12	23
Beyond Meat Single w/Cheese	590	290	32	11	0	40	1350	49	4	13	27
Beyond Meat Double	720	370	41	11	0	20	1380	51	5	12	38
Beyond Meat Double w/Cheese	870	490	54	19	0	60	2150	52	5	13	46
Beyond Meat Patty Melt	980	550	61	25	0.5	75	2940	58	8	5	51
<b>FRIES</b>											
Chicago Dog	430	230	25	8	0	55	1420	34	2	9	15
Chicago Dog w/Cheese	500	280	31	12	0	31	1810	35	2	10	19
<b>DOGS</b>											
Fries Regular	400	90	10	1	0	0	800	72	4	4	8
Fries Large	560	130	14	1	0	0	1190	99	6	6	11
Cheese Fries Regular	560	220	24	4.5	0	10	1040	79	4	4	11
Cheese Fries Large	760	320	35	7	0	15	2140	103	5	5	15
Loaded Cheese Fries	830	340	38	8	0	50	2390	101	6	6	25
<b>ADD ONS AND EXTRAS</b>											
Ranch	180	140	15	2.5	0	10	400	11	0	3	1
Petal Sauce	150	110	12	2	0	10	370	10	1	5	1
Honey BBQ Sauce	100	0	0	0	0	0	390	25	0	22	0
Chipotle Mayo	200	150	17	2.5	0	15	360	13	0	3	1
Peppercorn Mayo	210	160	18	2.5	0	15	380	14	1	3	1
Buffalo Sauce	40	40	4.5	0	0	0	1240	0	0	0	0
Honey Mustard	170	50	6	1	0	5	620	27	0	24	0
Garlic Aioli	170	130	14	2	0	10	1450	12	0	3	1
Cheese Sauce	120	90	10	3	0	10	480	5	0	0	2
Avocado Salsa	70	50	6	1	0	0	330	6	3	2	1
American Cheese Slice	80	50	6	4	0	20	380	1	0	0	4
Cheddar Cheese Slice	90	60	7	4	0	20	140	1	0	0	5
Swiss Cheese Slice	80	50	6	4	0	20	40	1	0	0	6
Peppercorn Jack Cheese Slice	80	50	6	4	0	25	130	0	0	0	5
Bleu Cheese Crumbles Portion	80	50	6	4	0	20	200	0	0	0	5
Bacon	80	50	2	2	0	15	290	0	0	0	6
Grilled Mushrooms	50	35	4	2.5	0	10	210	3	1	2	2
Grilled Onions	120	80	9	6	0	25	290	10	2	5	1
<b>CHICKEN</b>											
<b>CHICKEN TENDERS</b>											
Chicken Tenders Classic 4 pc	500	230	25	4.5	0	125	2160	39	1	3	30
Chicken Tenders Classic 6 pc	770	340	38	7	0	195	3210	58	1	5	47
Chicken Tenders Buffalo 4 pc	550	270	30	4.5	0	125	3560	39	1	3	30
Chicken Tenders Buffalo 6 pc	820	400	44	7	0	195	4940	58	1	5	47
Chicken Tenders BBQ 4 pc	620	230	25	4.5	0	125	2600	67	1	28	30
Chicken Tenders BBQ 6 pc	910	340	38	7	0	195	3750	92	1	35	48
That Chicken Sandwich	570	160	18	4.5	0	110	1360	60	2	11	39
<b>SPECIALTY CHICKEN SANDWICHES</b>											
Bacon Chicken Ranch	740	200	32	11	0	145	2060	61	2	12	50
Buffalo Chicken	630	210	23	4.5	0	125	2580	59	2	11	46
Buffalo Chicken w/Cheese	690	240	27	7	0	135	2820	60	2	12	49
Chipotle Jack Chicken	620	240	27	8	0	125	1560	51	4	9	43
BBQ Chicken	690	160	18	4.5	0	125	1720	83	2	33	47
BBQ Chicken w/Cheese	720	210	23	8	0	125	2050	84	2	33	43
Spicy Chicken Sandwich	800	290	32	8	0	130	2060	81	7	22	48
<b>KIDS (UNDER 12)</b>											
Kids Cheeseburger Low	610	240	27	12	0	85	880	69	5	25	24
Kids Cheeseburger High	1060	380	42	16	0	105	2330	132	5	64	40
Kids Hot Dog Low	510	230	25	9	0	55	1130	57	4	19	16
Kids Hot Dog High	900	360	40	13	0	80	1830	102	4	43	31
Kids Chicken Tenders Low	470	180	20	3.5	0	75	970	50	4	19	26
Kids Chicken Tenders High	790	190	21	6	0	85	1700	112	4	64	40